

THE GLADE FOUNDATION

An Explanation of THE CRYSTAL CHILDREN as used by the Glade Foundation

Throughout the ages, there have always been ancient spirits incarnated on Earth, to teach us, and nudge us, to raise our consciousness to higher levels. These have been the demigods, the sons of god, the mystics, yogis, masters or teachers, who have inspired the religions and philosophies that still hold meaning for many people today. But, there has come a time of rapid change, and for many of us, the teachings have become too rigid, too formal, and too open to misinterpretation or even misrepresentation for evil intent.

Now in our generation the Great Mind has seen fit to send ancient and highly evolved spirits to live and participate here on Earth. Some of these spirits will be the next generations' teachers, leaders and scientists, and will inject a whole new spirituality and sense of morality into tired old religions and political and capital systems.

The name we have been given for this new generation is "The Crystal Children". But who are they? And how do we recognize them?

The Spirits being born on the Earth at present have been given many different names by various authors and group. Spirit use the following definitions:-

Crystal Children - these are the highest evolved of the three groups. They are psychically and spiritually aware beings. At 'Home' (The realms from which we have all come) they are known as Ashento or Ancient spirits, which means that they have attained great wisdom, strength and humility.

Each of us has a light within us, but these Spirits have a light that's been transmuted with age and understanding into something more. Having a Crystal child can be a joy, but it is always a responsibility. When treated with respect and love, they are articulate and thoughtful. But they are easily hurt by careless, authoritarian or disrespectful comments or actions.

Do not expect your crystal child to be a perfect little angel, at all times. We are all spirits living human lives; however, Crystal children struggle harder to learn to control their emotions and desires. But on balance, living with a crystal child, is a life enhancing experience!

In the time to come, these young people will become the focal points, around whom the enlightened people will come together, seeking guidance, reassurance and that a new way of living is possible.

Indigo Children – these are the companions, often siblings or close friends of the Crystal children. They will find growing up even more challenging. They know that the world is not as it should be, and they find the confines of school, work, established codes and ethics untenable. These souls are natural rebels. Their spiritual characters are filled with righteous indignity at the injustice they perceive in the world around them. They thirst for change, and can be impulsive and erratic in their quest for alternative solutions. It often takes them longer to find a life path that suits them. But when they find a purpose, they are dedicated and innovative. They will tend to gravitate to outdoor activities, not being comfortable in the more regimented workplaces.

Rainbow Children – these will be the most numerous of the new generation. They will have some psychic awareness, and will be inspired to join groups, often started by Indigos who are preparing for a paradigm shift in consciousness. These groups will coalesce into movements for change, which will raise the vibrations of more and more people, until change becomes inevitable.

We are calling these spiritual beings 'children', but that is rather a disservice to them, both because of their age of spirit, and because they have been arriving on Earth for the past 30 or

more years. Many of them are coming into full understanding of who they are, and what they are being asked to do.

These first souls to incarnate have mostly felt alone and misunderstood for their entire life. Many will have been, as some still are, diagnosed as ADHD, or ADD, or Autistic. This brave first wave of the new generation are now looking for, and are developing, spiritual solutions to the many vexing questions that they have. And, because we are seeing the new understandings that they bring, many new parents, including some who are amongst the growing numbers of crystal children themselves, are seeing from very early years, that they have been blessed with the responsibility of guiding these spirits, whilst they are at their most vulnerable ages.

We must be under no illusions that they are very vulnerable indeed. As more spiritually awakened souls have come to be noticed by the 'Dark Forces', they have sought to prevent them from fulfilling their potential. These assaults may take many guises, and whilst we cannot prepare you for everything we can help by talking of some we have experienced, so that we can bring awareness to other parents and carers, of these, as yet young, unprotected souls.

Because these children have great psychic awareness, the Dark Forces will use thought forms, and even attachments to scare them into closing down their intuitive skills. This will harm their spiritual development, and may stop them from using their God given gifts entirely.

Thought forms are as the name suggests a form or being brought into existence by concentrated and malevolent thought and intense psychic energy, sometimes brought into being by rituals or by giving them a cursed object or placing upon them a curse. This is the opposite of a prayer – an activated energy form. These can be effectively dispersed by bringing out your light, and flaring it and surrounding the child in light. If you have never done this before, we will take a moment to go through the routine that we teach at the Glade Foundation:-

Firstly, understand that each soul is endowed with the essence, or seed if you prefer, of the light of the Great Mind, or God if that word is better for you. This means that we are all a part of God, and that He cares for each and every one of us. This light is so powerful that it defeats the powers of Evil that have invaded our Earth.

To bring out your light, feel it as a small flame within your solar plexus which is found under your breast area. Visualise that flame getting brighter and bigger until it completely surrounds you so that you have a bubble of light around you. With your mind you then make that light as bright as you can bear.

If you feel that something unpleasant is drawing near to your child you can flare that light towards whatever is frightening your child, and make it disappear. If it persists then get in touch with us at Psychic Rescue. You can also bring out your child's own light or teach your child to do it for themselves. This practice is the basic tool for all psychic work, and we highly recommend that you sit in a bubble of light before meditation, using tarot cards, or any form of divination or mediumship, or indeed entering any place you feel unsure about. This will help any spirit of the Light to come closer to you, and will repel any spirit of Darkness.

Now more invidious than a thought form is an attachment. Unlike a thought form which has no sentience and will simply carry out a preprogramed task, an attachment is a living sentient spirit of darkness. It will attach itself to the child and draw energy from its host like a psychic parasite, but worse it will implant thoughts and ideas and mood swings alien to its victim. This can make the child unusually anxious or sick or withdrawn or bad tempered.

Defining the difference between normal childhood phases, and unnatural personality change, may take some time, but if you have ruled out physical or psychological illness, and your own psychic awareness and intuition tell you that there is a tangible difference in the vibrations your child is emanating, then that is the time to talk to a psychic warrior, such as the team of mediums at Psychic Rescue, the sister organisation of the Glade Foundation.

These are highly trained mediums who specialise in defending those who are being attacked by those who work for the Dark Forces. These mediums will deal with whatever, and whoever is causing the problem, they will psychically cleanse the home and bring peace to your child. If appropriate, they will help you teach your child to protect themselves, and help them to talk with their own Guardian Angel who will be with them throughout their life.

But not all dangers are quite so psychic in nature. We have to be aware that evil has infiltrated many paths in this world, and to protect our children, we need to show them that a great many of the 'truths' that society holds, are not true at all. That means that we, ourselves have to wake up, and reconsider everything that we have taken for granted for so long. Whether it be our religious upbringing, or political leanings, our crystal children will have an uncanny knack of seeing through the flimsy cobwebs of lies that may be centuries old, and we will often need to go on an intellectual journey with them to see how the original ideas or teachings have become twisted over the years. The Indigo children, in particular, will have no patience for outdated forms of thought, and will rebel against traditions that hold them back from trying to make innovative, enlightened changes.

Also, in more modern areas of life, like video games, movies, internet and other entertainments, we need to examine the thought processes and motives behind the scripts and designs of often very popular pastimes, because unfortunately all too often, there is a hidden agenda to warp peoples understanding of spiritual and psychic knowledge. Once you become aware of the planned undermining of thoughtful loving kindness that was once the overwhelming, though obviously not exclusive, atmosphere of society, you see the negative, snide, sneering, so-called comedy that passes for humour today, in a whole new light.

Much of our modern entertainment and news is written with a warped sense of violence, destruction and dishonesty, which is purported to be 'normal', and is disturbing if not downright destructive to the gentle sensibilities of our crystal children. Many of them will find such media intolerable, or at least too uncomfortable to enjoy. Even many advertisements that might be just annoying to many people will be upsetting to a crystal child.

Whilst we cannot protect them from all this invasive negativity, we can analyse these nasty little tableaux, and show that they do not portray reality, and are a symptom of an illness that the Dark Forces want to infect society with. So we have to use our own reasoning to not allow ourselves to be indoctrinated into that dispiriting way of seeing the world.

In a way, discussing the negative programmes and the culture of greed, violence, and criticism that pervades our screens, will act as an inoculation against this disease. If Crystal children have a fault, it's that they can be too trusting; it's difficult for people so intrinsically truthful and honest to see the twisted logic of bad people. So we, as parents, have to walk a fine line, between allowing them the freedom to explore new avenues of thinking, whilst at the same time, protecting them from the negative and destructive energies that pervade much of the entertainment industry.

Another concern for parents is choosing the right school. This is even more challenging when you need to consider the temperament of your Crystal child. They may be vulnerable to bullying, and sensitive to unenlightened teaching methods. If you are able to choose a Steiner school, or in America, the Waldorf schools, these are havens of free spirited child centred education. But alas, most of us and our children have to struggle with the formulaic system that we have.

To mitigate these harsh regimes, be honest with your child, and explaining that they can rise above the petty unkindness's they receive. They can forgive the cruelty and vindictiveness that are the weapons of unenlightened people, be they other children, adults, or even teachers. Of course, it helps if there are other, more appropriate outlets for their creativity, outside of school. There are often clubs and after school activities that have a more relaxed attitude, which the Crystal child will feel more comfortable with. And don't be afraid of giving them plenty of alone time, these children need solitude, time to daydream and commune with nature.

One activity that we have found to be of benefit, is to spend a quiet half hour or so in a guided meditation with the child. This helps them to quieten down their active (sometimes

overactive) brain, and get in touch with their higher self, or even their Guardian Spirit. Of course, this is beneficial to both of you, and is a lovely way of connecting with your child. Meditation is an exercise to strengthen the mind and build self-awareness.

The opposite of this is something that sounds similar, but is not, this is a practice called Mindfulness. This is a form of self-hypnosis, and is useful in cases of trauma or psychosis, where a troubled mind needs redefining. In a normal, well-adjusted young mind, this practice is used to assert conformity and acceptance of authority. Although that will make for compliance, it also leaves the mind open to other hypnotic suggestions, like those imposed by adverts and other media, which Meditation is good at counteracting. In addition, for the Crystal child there is the added possibility, that Mindfulness can open their psychic abilities to the abuse by the dark forces.

It is important, in fact it is vital, to use your logic and reason, and balance this with your intuition to guide your child as they become teenagers. They may disregard the formal education system, and we could either become very frustrated with them, or we could see the world from their point of view. If they cannot cope with the pressure of exams, or simply refuse to become part of the system they probably despise, then trying to force them would only make matters worse. It may well be that after they have matured as a person, and are more able to balance their spiritual nature with their human desires, they will then be ready to go back into education, but on their own terms. Perhaps, studying unusual subjects whilst they were still at school that would not have occurred to them, or you or their teachers. Or, of course, they may just want to live a more authentic, natural life away from the mismanaged society they see around them.

And that brings us back to reality, with a big bump! It cannot have escaped your notice that we are on the brink of a time of unprecedented crisis. This is different to anything experienced before, in human history. There is an environmental crisis on a world wide scale; there is conflict in almost every country; there is dispute within and between religions and societies that threaten our ways of life and most of all, there is an almost universal paralysis over ways to deal with our problems. Of course, there have always been world shattering wars and disasters, but it's the accumulation and diversity of problems that is so unique, now. Our Crystal children have come to us, to find new resolutions to these problems, this will not be easy, and their lives will be challenging. We cannot insulate them from the hard times ahead, we can raise them with much love, and tolerance of their idiosyncrasies, which will be part of their God given armour, when they face whatever conflict they have chosen to vanquish.

This is a spiritual overview of the understanding of Crystal children. Please read some of the books written by many lovely people, who write from a psychological or practical perspective, on raising these wonderful beings. These books are somewhat sugar-coated, but well meaning. Also, their categories differ somewhat, from each other and from the Glade Foundations understanding, but these are just words, and basically they understand that a new world is on the horizon!

Two books recommended are:-

The Indigo Children by Lee Carroll and Jan Tober

Crystal Children by Doreen Virtue

If you feel that your child is being threatened in any way from forces of negativity then please contact us through our website www.psychicrescue.com and we will do our best to help you.

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THE GLADE FOUNDATION is a non-denominational registered charity established to help people who are suffering, have lost their way in life, or are struggling to deal with the non-financial problems that assail us all. In addition, we do give answers to those who are searching for a meaning to life.

Our aim is to help people to rediscover that we are each an individual Spirit and that each and every one of us is a part of the Great Mind (or God), irrespective of our individual or collective religious beliefs.

We are not a religion and we are open to all. Our practical philosophy of life is based on the premise that we are all one, and yet each is on an individual journey. Our aim is to show you how you can get the most from **your** journey through life.

All Foundation members are ordinary, everyday loving people whose aim and purpose is to help those less fortunate.

We intend to establish Help Centres where Unique Spiritual healing is freely available and will be given by our own fully trained and certified Healers. But, most importantly, these centres will be havens of peace and light. Places where people can receive comfort, help and guidance in dealing with everyday problems, or just take some time out to relax and reflect on the next stage of their journey. Each Well-being centre will be run by a graduate of the Glade Foundation Teaching and/or Healing Training College, and each centre will have in attendance one or more of our certified diagnostic Unique Spirit Healers.

The spiritual teaching course work will be offered through a series of seminars, the internet on our own website, through correspondence courses and eventually at our residential teaching college. Students taking the Spiritual Healing training courses are always under the personal supervision of one of our fully trained Healing Tutors.